



## The Future Within

Smoothing the way for women  
who have lost a spouse  
to chart a new course.



Patricia Muscari

**Welcome to Fresh\*Breezes: Thoughts and tips for life's transitions..**

**Becoming More of Who You Are** "A woman in harmony with her spirit is like a river flowing. She goes where she will without pretense and arrives at her destination prepared to be herself and only herself."  
~Maya Angelou~

I became close to a new friend in my community, who is the epitome of the woman who is always herself--no pretenses. I love her straight-forwardness. And beyond that, she throws herself into life, continuously growing, learning, giving freely her friendship and help whenever she is able--becoming more.

Who you are is at the core of all you do, all you say. It is the soul of your presence in the world. It prompts you to reach out in love.

Follow the urgings of your soul--"intuition". Listen to your thoughts--they are your soul directing you--showing you the way.

Feed and develop those skills that make you most satisfied and happy with yourself. Build on those skills that make you blossom. Continuously become more of who you are.

"The reality you live in is a tribute to your magic. Coincidences do not exist. Your intuition is always guiding you, when you listen. You can create the experience of this truth, by putting into action an attitude of gratitude." ~Gary Elkins~



## One on One Coaching: Hiring Your Own Coach

Enlist your own coach. You will be glad you did. Although no one individual "needs" coaching, everyone can benefit from it.

*Take advantage now of a free Sample Session!*

Call Patricia at: 303-794-7824. *This can make all the difference in reaching your goals.*

Would you like to go directly to my website? Go to: <http://www.TheFutureWithin.net>

[Mailto:Patricia@TheFutureWithin.net](mailto:Patricia@TheFutureWithin.net)

### Topic of our next issue on Wednesday, May 23: Capture 2 More Hours in Your Day Now!

I would love to hear what topics YOU would most like to see covered in upcoming issues. Email your ideas to [Mailto: Patricia@TheFutureWithin.net](mailto:Patricia@TheFutureWithin.net)

You can check out all past issues of this newsletter on my website: <http://www.TheFutureWithin.net> at the Ezine Page Archives.

My warmest thanks to you for receiving this ezine. My true wish is that you have love in your heart throughout the New Year and always!

With sincerity and love,

A handwritten signature in cursive script that reads "Patricia".

Patricia Muscari

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